From: Linda Detert <lindadetert@me.com> Sent: Saturday, January 13, 2024 10:14 AM To: Council Members <CouncilMembers@brisbaneca.org> Cc: Linda Detert <lindadetert@me.com> Subject: Regarding Proposed Price Increase for Water Aerobics

Subject: concerns regarding price increases for water aerobics

Dear City Council Members

Il am writing to express my deep concern regarding any proposed price increase for water aerobics in our community. I attend the water classes three times a week and have been attending for the last two years since I moved to Brisbane. The discovery of these classes two years ago has changed my health, and sense of belonging to the Brisbane community. I believe it is crucial to address the potential negative impact of such a decision. For us on fixed income,

Water aerobics has become an integral part of our community, providing numerous physical and mental health benefits for us. It serves as a vital all ages and fitness levels, promoting cardiovascular health, muscle strength, and overall well-being. Moreover, it fosters a sense of inclusivity and camaraderie among us creating a supportive and encouraging environment.

Increasing the prices of water aerobics would have detrimental effects on the accessibility and affordability of this activity for many Brisbane residence. It may discourage individuals from participating, particularly those who rely on water aerobics as a low-impact exercise option due to medical conditions or physical limitations. By doing so, we risk compromising the health and quality of life of our residents.

Furthermore, water aerobics serves as a valuable avenue for social interaction and community engagement. It brings people together, fostering friendships and a sense of belonging. By raising the prices, we risk isolating individuals who rely on this activity not only for physical health but also for mental well-being and social support. It is essential to prioritize the overall welfare of our community members by ensuring the continued accessibility of water aerobics.

I kindly request that the City Council reconsider any proposed price increase and explore alternative solutions to address any financial concerns. This could include seeking additional funding sources, exploring partnerships with local organizations, or implementing cost-saving measures without compromising the quality of the program.

I believe that by maintaining the current pricing structure, we can ensure that water aerobics remains accessible to all members of our community, regardless of their financial circumstances.

This will not only contribute to the physical and mental well-being of our residents but also strengthen the sense of community and inclusivity that our city prides itself on.

Thank you for your attention to this matter and for considering the concerns of our Brisbane community. I trust that will make a decision that reflects the best interests of our residents and supports the continued success of water aerobics in our city.

Thank you for listening. Linda Detert 875 humboldt Road Brisbane, CA 94005