STAR



City of Brisbane Monthly Newsletter November 2022 Volume 19, Issue 10

Derby and Day in the Park Recap

We had a blast at Day in the Park! We hope you did, too. Thank you to all the wonderful community groups, vendors, and the Brisbane Parks and Recreation Commission and staff that made it such a successful event!



2022 Derby Winners:

1st: Jadon Picazo (Derby Ages 6-9) & Juliet Picazo (Derby Ages 10-13)

2nd: Mason Fioresi (Derby Ages 6-9) & Thomas Bouchard (Derby Ages 10-13)

Other Derby Awards:

• Bravest Driver: Phoebe Tso

Best Looking Car: Maxwell Viray

• Sportsmanship Award: Sebastian Canas

Pie Eating Champions:

Youth Pie Eating: Calla Bowden

Teen Pie Eating: Alayna Smith

At around the noon hour, **June Heavner** was named **2022's Volunteer of the Year** (VOY)! Each year, the City recognizes a Brisbane resident as its Volunteer of the Year. After carefully reviewing nominations and letters of recommendation from residents, an ad hoc subcommittee comprised of City Councilmembers and Parks & Recreation Commissioners selects a recipient. The Volunteer of the Year award is bestowed upon a dedicated community member who has demonstrated ongoing commitment to the Brisbane community.

As a true steward and embodiment of building community here in Brisbane, June has proven herself to be an invaluable resource to all Brisbane families, a true force at Silverspot and Brisbane Elementary schools. She attends site committee meetings contributing thoughtfully to conversations and challenges being addressed. She serves on BES PTO and gets the word out about fundraisers that not only help the kids, but Brisbane eateries. She consistently steps in as a room parent and volunteers to support teachers and classrooms and has coordinated meet & greet events for incoming Kindergarten families and their teachers. It doesn't stop there! She spontaneously weeds the BES garden and was heavily involved in the "Yes on G" measure to keep arts and music in our schools. She stuffs the Thursday folders at BES and helped to arrange the "fun run" with the PTO. (continued on next page)



(continued from previous page)

She is someone many parents in our community turn to when help is needed.

Thank you, June for working tirelessly to be "the change you want to be" for your community! Read more about June and past VOY's at brisbaneca.org/voy.

To see more photos from Day in the Park and the Derby, check out <u>brisbaneca.org/dip-derby</u>.



















2021 COMMUNITY BENEFITS SUMMARY

BRISBANE

Thank you for helping the environment by choosing clean energy! With Peninsula Clean Energy, your community continues to take action on climate change while also saving money.

In 2016, Brisbane joined San Mateo County and all the other cities in the county to form Peninsula Clean Energy. As a public agency, we work with you to reduce greenhouse gas emissions by expanding access to sustainable and affordable energy solutions. Brisbane has chosen 100% renewable wind and solar to power all its municipal facilities.

Peninsula Clean Energy supplies your electricity from clean sources including wind, solar and hydro power. We also invest in helping communities switch from fossil fuels to clean electricity in buildings and transportation.

BRISBANE ACHIEVEMENTS



\$261K

estimated annual customer savings for Brisbane



97%

of electricity customers use Peninsula Clean Energy



98%

reduction in GHG emissions from electricity compared to 2016



29K metric tons

of CO₃-equivalent emissions avoided since 2016, comparable to emissions from using 3.2 million gallons of gas

COUNTY-WIDE ACHIEVEMENTS

\$14M

estimated annual customer savings

97%

of electricity customers use Peninsula Clean Energy

98%

reduction in GHG emissions from electricity compared to 2016

1.7M metric tons

of CO₃-equivalent emissions avoided since 2016, comparable to emissions from using 191 million gallons of gas

All cities and San Mateo County are recognized by the EPA Green Power Community Program for leadership in renewable energy Figures shown are from January 1 - December 31, 2021, and do not include direct access customers. GHG reductions compare our 2021 carbon emissions factor to a baseline prior to our launch, PG&E's 2016 factor.





Tai Chi Instructor: Alex Medel

You may have seen advertisements on the signboard for Tai Chi, a new class being offered through the Brisbane Parks and Recreation Department. Classes started out as being offered on Fridays at noon, but now are being held in the Community Center on Mondays at 8am. When we heard that instructor Alex Medel, and new Brisbane resident as of March of this year, would be offering a free Tai Chi class under the Gazebo at the Community Park in early October, we wanted to learn more...

STAR: When did you start teaching Tai Chi?

Alex: I have been teaching Tai Chi since 2015. I started studying Tai Chi when I was an undergrad in San Francisco State University. Before I met my Tai Chi instructor, Master Simu Simmone Kuo, I had been studying martial arts for 10 years prior.

STAR: What drew you to studying Tai Chi more in-depth?

Alex: I really love martial arts, not only because of the kicking and punching, but also in terms of the philosophy and cultural history. My instructor and her husband, Sifu Kuo Lien Ying, firmly believed that Tai Chi Chuan is good exercise for people of all ages, with the most important part being that you move a little bit and practice each and every day.



Alex along with a student of hers from New York and her instructor, Master Simu Kuo, in front of the studio in Portsmouth Square.

STAR: What type of Tai Chi do you teach?

Alex: There are many styles of Tai Chi that exist, the most prominent one being the Chen-style form. The style I teach is a 64-step Tai Chi form, a completely unaltered version, previously called the Guang Ping Yang Style Tai Chi Chuan. I teach each movement slowly, emphasizing each step, so you can take it home and practice any time you like.

STAR: Are there health benefits to practicing Tai Chi?

Alex: Definitely. No matter what kind of Tai Chi you practice, they're all good exercises for your mind and body, especially when it comes to balance, posture, and awareness. Using the power of modern science, we can build our bodies safely and healthily. By practicing Tai Chi Chuan and Tai Chi philosophy regularly, I truly believe you can prolong your health for many years to come.

STAR: That sounds great. How can people check out your class or get more information?

Alex: I invite you to try a class here in Brisbane at the Community Center on Mondays from 8am to 9am. You can sign up at brisbaneca.org/taichi or call the Rec Front Office at (415) 508-2140. If you'd like more information

about Tai Chi, please visit Alex's website 64movements.com or find her on Instagram @64movements.

And there you have it. Ever since starting her class here in Brisbane, Alex said she's really happy to have found a wonderful community in the Bay Area. And we're glad she's here, ready to pass on her knowledge of Tai Chi to her fellow community members! We hope you get to practice with her soon! *\frac{1}{2}

DID YOU KNOW...

You can stay connected with us on Instagram and other social media outlets?





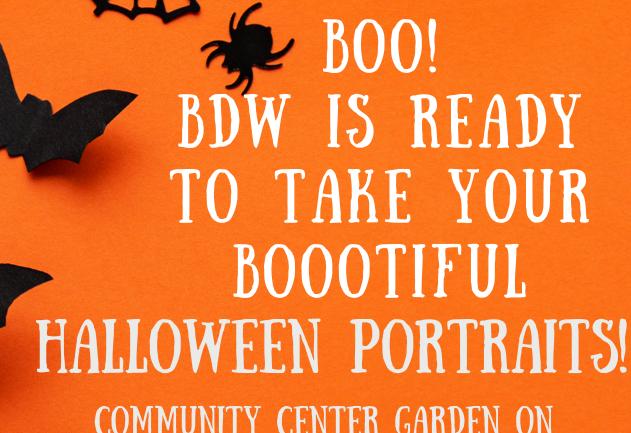






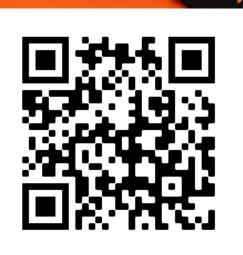






COMMUNITY CENTER GARDEN ON MONDAY 10/31 4PM - 7PM (ENTRANCE ON MENDOCINO)

MICHAEL SCHUMANN PHOTOGRAPHY
HTTPS://PHOTO.SCHUMANN.COM/HALLOWEEN
\$25 DIGITAL COPY/SITTING FEE
MAKE AN APPOINTMENT
TO GUARANTEE YOUR SPOT!



B00!

SPECIAL THANKS TO:
DAVE PETERS,
THE LIONS CLUB, TIM CHANG,
MICHAEL GLYNN
CONSTRUCTION SERVICES, INC.

Rodenticide Complaint Form

If you're concerned that you might have seen a banned rodenticide being used in town, then please report it right away to the County's Agricultural Commissioner's office. Staff from their office can be reached at smcgov.org. When you email in a complaint, please include the business/residential name and/or address, the location where you saw the rodenticide, a photo if you have it, and your contact



info. You can also choose to use their online complaint form: smcgov.org/agwm/pesticide-complaint-form.

Thank you for doing your part in protecting Brisbane's wildlife, such as rodent-eating predators, as well as dogs and cats that may accidentally ingest these toxic products.



The City's **Meals for Seniors Lunch Program** takes place **Mondays** from **12-12:45pm** outside the Senior Sunrise Room (2 Visitacion Ave.) for drive-thru/walk-up pickup. In-person **Senior Lunch** is every **Wednesday at 11:30am** at the Community Center.

The **Brisbane Farmers' Market** takes place **Thursdays** from **3-7pm** in the Community Park (5 Old County Road, Brisbane).

COVID-19 PCR Testing is available in the Community Park **Thursdays, 10am – 3:30pm**. Sign up at <u>cur.tv/</u> <u>Brisbane</u>. To get your results over the phone, please call 1-888-702-9042.

See brisbaneca.org/calendar for more information on all the above and the following items.

Meeting Agendas may be viewed online at <u>brisbaneca.org/meetings</u> at least 24 hours prior to a Special Meeting, and at least 72 hours prior to a Regular Meeting.

October is National Disability Employment Awareness Month

dol.gov/agencies/odep/initiatives/ndeam

October is National Bully Prevention Month

nationaltoday.com/national-bullying-prevention-month

02, Wednesday, 6:30pm

Complete Streets Safety Committee Meeting, B

03, Thursday, 7:30pm

City Council Meeting, B

05-08, Saturday-Tuesday, 9am-5pm (Sun-Mon); 7am-8pm (Tuesday)

Vote Center Open at City Hall | smcvote.org

09, Wednesday, 6:30pm

Parks and Recreation Commission Meeting, B

10, Thursday, 7:30pm

Planning Commission Meeting, B

11, Friday, All Day

City Hall Closed in Observance of Veterans Day

11, Friday, 9am

Veterans Day Flag Raising (see flyer for details)

12, Saturday, 6:30pm-9pm

Leanne Borghesi's "Mood Swings" | Tix: brisbanechamber.org/cabaret

16, Wednesday, 5:30pm

Join us for the 2022 State of the City with Mayor Coleen Mackin at City Hall in-person or via zoom: brisbaneca.org/sotc2022

16, Wednesday, 7pm

Inclusion, Diversity, Equity, and Accountability (IDEA) Committee Meeting

17, Thursday, 7:30pm

City Council Meeting, B

21, Monday, 10am-2pm

YMCA and BPD Annual Holiday Food & Gift Distribution (see flyer for details)

23, Wednesday, 6:30pm

Open Space and Ecology Committee Meeting, B

24-25, Thursday - Friday, All Day

City Hall Closed in Observance of Thanksgiving

B = Broadcast live on Ch. 27 and YouTube

City Hall Walk-In Service Hours - 3 days/week: M:

9am – 4pm, W: 9am-7pm, Th: 9am – 4pm. Please see all services that can be conducted remotely at <u>brisbaneca</u>. org/online-services.

Do you have questions about the STAR or have an article to suggest? Articles are due by the 15th of each month. Contact Caroline Cheung at ccheung@brisbaneca.org or (415) 508-2157.

Considering an Appliance Upgrade? Think Electric!

By: Glenn Fieldman, Open Space and Ecology Committee Member

If you're launching a remodel, or just thinking that your current gas stove, furnace, and water heater are nearing retirement age, it's a great time to make your home all-electric – for the sake of your family's health, to save operating expenses over time, and to do your bit for the climate. Many cities, including Brisbane, have passed ordinances that require new buildings to be all-electric. Given its health and environmental consequences, it's possible that natural gas use will be phased out altogether within the next decade or so - something else to consider when you're replacing a long-lived appliance like a furnace or stove.

With increasing recognition that indoor air is 2-5x more polluted than outdoor air, the sources of that pollution are receiving increased attention. The direct combustion of natural gas indoors is a main culprit. Gas stoves produce tiny PM2.5 particles that can be drawn deep into lungs, along with oxides of nitrogen and formaldehyde, which aggravate conditions such as asthma and chronic obstructive pulmonary disease (COPD). And a faulty gas stove can produce deadly carbon monoxide.

The main component of natural gas is methane. When burned, methane emits carbon dioxide, a greenhouse gas. But raw, unburned methane packs a powerful climate punch, trapping 80x more heat in the 20 years after it's released into the atmosphere than carbon dioxide does. Methane inevitably leaks - from wells, tanks, pipelines, and often even from your stove when it's off. The Environmental Defense Fund's research indicates that such leaks are much more common than the EPA has estimated, and points out that reducing

methane emissions is the best opportunity we have to slow global warming right away. A 2020 editorial in The New England Journal of Medicine argues for a phase-out of natural gas production and consumption because of methane's damaging consequences for human health and the climate.



Fortunately for those shopping for a furnace, stove, or water heater, exciting new alternatives are available. Heat pump furnaces can both heat and cool – a valuable feature as more frequent heat waves even in the temperate Bay Area increase demand for indoor cooling. Heat pump furnaces and water heaters are also highly efficient, especially in temperate climates like ours, and can reduce operating costs. While gas stoves have been preferred by many cooks because of the flexibility of the heat source, new electric induction stoves offer even more flexibility – and they're also both easier to clean and safer.

Finally, the recently-passed Inflation Reduction Act offers rebates to purchasers of climate-saving electric appliances – and if your electrical panel needs an upgrade to accommodate them, the IRA will help with that, too. Rewiring America's IRA Calculator (rewiringamerica.org/app/ira-calculator) can help you see what you're eligible for. When you're ready to get started, switchison. org can help you find more local rebates and contractors.

Ride the Free Bayshore-Brisbane Senior Shuttle!

SamTrans offers FREE midday shuttle service Monday-Friday connecting Brisbane residents to local businesses and transit. Trips must start or end in the Brisbane/Bayshore area. The route includes service through Mission Blue Drive at the Ridge. Request a pickup from pre-designated shuttle stops by calling (415) 740-9458. On Monday, Wednesday, and Friday, the shuttle may be booked to The Shops at Tanforan or any destination along the route. On Tuesday and Thursday, the shuttle may be booked to Serramonte Shopping Center or any destination along the route. You can also text "SRAlerts" to 833-426-6688 to join the Bayshore/Brisbane Senior Shuttle Alerts list to get notified in the event of service changes, interruptions, and emergencies.

If you have any suggestions or feedback about the Senior Shuttle, please contact SamTrans Customer Service to allow for any service deficiencies to be addressed in a timely manner:



- Weekdays: 7am 7pm / Weekends & Holidays: 8am 5pm
- 1-800-660-4287 | Information for hearing impaired: (TTY) 650-508-6448



The Annual Holiday Food and Gift Distribution!



How to Register:

Brisbane Residents

When: Starting October 10th, 2022

Where: 1486 Huntington Ave. #100 South San Francisco, CA 94080

In Person: Monday 8am-12pm & Tuesday/Thursday 12pm-4pm

Via Phone/Email: Monday-Friday 8AM-4PM crc@ymcasf.org & 650-276-4101 ext. 4

Requirements to Register: Please bring your IDs, proof of address, and birth certificate/or school registration/or ID card of minors in household

Day of the event:

- Monday November 21, 2022 10AM-2PM Fernekes Building 781 Tennis Dr.
 South San Francisco
- Tuesday Dec 20th, 2022 3PM-5PM Brisbane City Hall 50 Park Pl. Brisbane



Draft Housing Element Submitted for First State Review

At the October 6, 2022 City Council Meeting, the Council voted to submit the draft 2023-2031 Housing Element to the State Department of Housing and Community Development (HCD). HCD has 90 days to review the draft and identify any required revisions.











brisbaneca.org/housingelementupdate and subscribe to the 'Housing

Element 2023-2031' email list!



















Join Us for the 2022

State of the City

November 16th 5:30pm







Featuring:

Mayor Coleen Mackin

In-Person Attendance: 50 Park Place, Brisbane



Zoom Webinar Link: brisbaneca.org/sotc2022











Brisbane Library Calendar – November 2022

SPECIAL EVENTS

Tuesday, November 1 from 3-5pm – La Calavera / Skull Face Painting

Let's celebrate Día de los Muertos with calaveras (skulls) face painting! Come participate in this colorful tradition to honor our loved ones who have passed away. This event is held in partnership with the City of Brisbane and the whole Brisbane Community.

Wednesday, November 2 from 2:30-4:30pm – Decorating Calaveras / Sugar Skulls

Celebrate Dia de Muertos with SMCL by learning how to make sugar skulls! These fun calaveras are perfect for decorating and placing on your ofrenda at home in honor of a departed loved one. Register at smcl.org/events

Thursday, November 3 from 3-5pm - Lego Club

During this Power Up Afternoon, design and create from your imagination at Lego Club!

Thursday, November 3 from 4-5pm – Save Nature: Owl Pellet Discovery

WHOO wants to learn all about owls?! Through a hands on owl pellet dissection, students will learn about owl adaptations, diet, behavior, and their critical role in the wild. Don't worry, our presenters will also cover what an owl pellet is and where it comes from- and the answer may surprise you!

Friday, November 4 from 3-5pm – What Will You Create?

During this Power Up Afternoon, decorate your own mini coaster to use at home or gift to someone you care about.

Saturday, November 5 at 11am – Danza Colibrí: El Xantolo

Celebrate Día de Muertos with us with an interactive performance with Danza Colibrí. They will perform dance and music of el Xantolo - day of the dead celebrations from La Huasteca, Mexico. Children will be invited to dance and play percussion instruments! We hope you enjoy this folkloric dance performance in honor of this special holiday.

Wednesday, November 16 from 6:30pm – Upcycled Glass Jar Painting

Learn basic painting strokes with Sarita from Sarita's Creations and decorate your own glass jar with special glass paint. No experience necessary. Explore your artistic side and be prepared to have fun! Bring your own clean glass jar to class. Register at smcl.org/events

RECURRING EVENTS

Tuesdays at 1:30pm – Family Storytime

Come along on an imaginary adventure for Family Storytime.

Hear new stories, sing songs, and learn wiggles that the whole family can enjoy together, from toddlers to grown-ups.

Thursdays at 11:30am - Baby Bounce and Rhyme Time

Bring your bouncing baby to our weekly playtime, full of nursery rhymes and songs you can do together to stimulate your baby's development. Ideal for newborns up to 18 months old.

Wednesday, November 16 at 11am - Tai Chi

Learn about the Chen-style Taijiquan (Tai Chi) form, Silk-reeling Exercises and Wuji Qigong. Chen-style Taijiquan is widely acknowledged as the ancestor of all other styles of Taijiquan.

Please note the Brisbane Library will be closed on Friday, November 11 in honor of Veterans Day, and Thursday, November 24, 2022 - Friday, November 25, 2022 in honor of Thanksgiving.

Get a Rain Barrel Rebate!

Did you know Brisbane is a member agency of the Bay Area Water Supply & Conservation Agency or BAWSCA and offers a rebate of up to \$200 for "qualifying rain barrels"?

This just means that in order to get the rebate, the rain barrel must meet the program requirements (i.e. are 50 gallons or more, newly purchased, and are designed for the intended purpose of rain capture). They can be purchased online or at a retailer such as Home Depot, Lowe's, etc. Get more information at bawsca.org/conserve/rebates/barrels.





and participating water agencies (650) 349-3000 www.bawsca.org



Providing for Today, **Preparing for Tomorrow** *****ECRWSS EDDM** POSTAL CUSTOMERS BRISBANE, CA 94005

SAN BRUNO MOUNTAIN: A GUIDE TO THE FLORA AND FAUNA

BOOK RELEASE PARTY!

SATURDAY, NOVEMBER 19, 4PM-8PM

Mission Blue Center 475 Mission Blue Drive, Brisbane, CA 94005

> **Purchase Tickets In Advance** www.mountainwatch.org/bookrelease

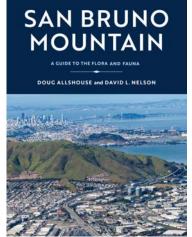
Join the Celebration!

- Meet the Authors
- **Book Signing**
- **Presentations**
- **Exhibits**
- **Photography**
- Artwork & Poetry
- **Native Plant Sales**
- **Drinks**
- Hors d'Oeuvres



The \$75 ticket includes a signed book and delicious food!

A \$40 ticket option is available for entry and food without the book.



512 pages with over 2,000 color images!

Proceeds to Benefit:



Bring Masks & Proof of Vaccination



Limited time discounts on solar + battery storage!

SIGN UP BEFORE **NOVEMBER 15, 2022**

bayareasunshares.org

City of Brisbane **Veterans Day Flag-Raising**

with former Mayor W. Clarke Conway

November 11th @ 9am **Community Park Gazebo**

Can't make it in person? The event will also be streamed on the City's Facebook Page:









DAY OF THE DEAD

OCTOBER 30TH, 1-4PM

COMMUNITY OFRENDA

BRING A 4X6 PHOTO OF A LOVED ONE TO HONOR AND CELEBRATE ON OUR COMMUNITY OFRENDA (ALTAR)

NOVEMBER 1ST, 3-5PM

SKULL FACE PAINTING

COME PARTICIPATE IN THIS COLORFUL TRADITION TO HONOR OUR LOVED ONES WHO HAVE PASSED AWAY



