

City of Brisbane Monthly Newsletter April 2024 Volume 21, Issue 4

California's Daylighting Bill (AB 413) Improves Crosswalk Safety

According to the Federal Highway Administration, approximately half of all traffic-related injuries occur near intersections. California's pedestrian fatality rate is nearly 25% above the US average. In an attempt to combat these statistics, Governor Gavin Newsom signed Assembly Bill 413 (AB 413) into law in Sacramento in October 2023. Authored by Assemblymember Alex Lee, D-San Jose, this legislation aims to increase visibility at crosswalks across California. The bill, commonly known as the Daylighting Bill, prevents parking or stopping of vehicles within 20 feet from marked crosswalks, improving visibility and safety for both pedestrians and drivers.

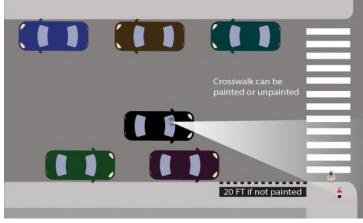


Image courtesy of SF Municipal Transportation Agency

What is daylighting? How can it help?

The term "daylighting" refers to the practice of keeping a clear zone of a specified distance on the *approach side* of an intersection or crosswalk. By keeping the area next to crosswalks clear of parked vehicle obstructions, people walking and people driving or riding on the street can see each other better.

Enforcement

AB 413 recommends the issuance of warning notices to first-time offenders until January 1, 2025, after which citations will be issued.

When will I start seeing changes around town?

With several repaving and slurry sealing projects taking place in the spring and summer, notably the repaving work on Visitacion Ave. between San Francisco Ave. and Mendocino St., the City will not be restriping the parking spots on the *approach side of intersections* to account for daylighting requirements that need to be in place by next January. Signage will be placed temporarily in these work areas to inform the community about why the space has been removed.

In closing, the Daylighting Bill, AB 413, represents a significant stride in improving road safety in California. If you happen to come across someone wondering about why a spot has been removed, let them know about what you read here in the STAR!

Got Wheels! - Registration Reopened

Registration has reopened for *Got Wheels!* Are you 70 years or older and looking for a regular alternative to driving? Are you looking for an affordable transportation service that is available when you need it, any day – any time?

Got Wheels! provides up to 6 one-way rides a month for \$5 per one-way ride in the service area, which includes SFO and 12 cities. Members may take up to 2 companions free of charge regardless of age and town of residence (provided they get on and off the cab at the same address as the member). To register, please contact the Got Wheels! Program Manager, Cherie Querol Moreno, at (650) 403-4300, ext. 4329 or email her at cqmoreno@pfso.org.





Brisbane City Calendar – April 2024

The City's Meals for Seniors Lunch Program takes place Mondays from 12 - 12:45 PM outside the Senior Sunrise Room (2 Visitacion Ave.) for drive-thru/walk-up pickup. In-person Senior Lunch is every Wednesday at 11:30 AM at the Community Center.

Brisbane's Youth Advisory Committee hosts Teen Tech Support for Seniors every Wednesday from 4 - 5 PM in the Senior Sunrise Room.

See <u>brisbaneca.org/calendar</u> for more information on all the above and the following items. <u>Meeting Agendas</u> may be viewed online at <u>brisbaneca.org/meetings</u> at least 24 hours prior to a Special Meeting, and at least 72 hours prior to a Regular Meeting.

01, Monday, All Day

City Hall Closed in Observance of César Chávez Day

03, Wednesday, 6:30 PM

Complete Streets Safety Committee Meeting, B

04, Thursday, 7:30 PM

City Council Meeting, B

10, Wednesday, 6:30 PM

Parks and Recreation Commission Meeting, B

11, Thursday, 7:30 PM

Planning Commission Meeting, B

15, Monday, 4:30 PM

Public Art Advisory Committee Meeting

17, Wednesday, 6 PM

IDEA Committee Meeting

18, Thursday, 7:30 PM

City Council Meeting, B

20, Saturday, 9:30 AM

Earth Day Habitat Restoration

24, Wednesday, 6:30 PM

Open Space & Ecology Committee Meeting, B

25, Thursday, 7:30 PM

Planning Commission Meeting, B

B = Broadcast live on Comcast Ch. 27 and YouTube

Holunteer ZIIIII remove invasive plants v protect endangered butterflies ✓ feel-good family fun V free lunch & tees SATURDAY APRIL 20, 2024 9:30 AM - 12:30 PM **BUCKEYE CANYON** MEET ON QUARRY ROAD please register at (mountainwatch.org/upcomingevents EVENGER

City Hall Public Walk-In Hours – 5 days/week: Monday – Thursday: 8:30 AM - 4:30 PM, Friday: 8:30 AM – 12:30 PM. Please see all services that can be conducted online at brisbaneca.org/online-services.

Have an article suggestion for the STAR? If so, they need to be submitted by the 15th of the month for the <u>following</u> month's issue. Contact Asst. to the City Manager Caroline Cheung at <u>ccheung@brisbaneca.org</u> or (415) 508-2157 for any inquiries, as well as for any feedback on the STAR.

Causes and Cure of Obesity

Written by Amrit Lall, Brisbane resident with an advanced education and experience in Cardiopulmonary and Renal Function (Amrit obtained his Ph.D from UCSF in 1969).

Last month, I reported the burgeoning problem of overweight and obesity in the U.S. The problem is worldwide, especially in the developed world. Four factors contribute to weight gain – over-consumption of delicious processed foods, a sedentary lifestyle, age, and unbalanced meals.



The first is the overconsumption of potato chips, cookies, donuts, bagels, hamburgers, pizzas, cakes, or milkshakes which contributes to weight gain. Can one eliminate these temptations from one's diet? Yes, but not so easy for most of us.

The second is desk jobs and surfing the internet. One can spend many hours a day pushing the pencil, talking on the phone, attending meetings, and surfing the internet. These sedentary activities lead to weight gain. Quitting one's desk job is not the solution. Walking or bicycling to work and going for a walk at lunchtime is.

The third is age. As we age, our muscle mass and metabolic rate decline. However, we do not reduce the consumption of calories – eventually gaining weight. Reducing the number of meals eaten daily helps. That works for some. Before launching this strategy, it would be wise to check with one's healthcare provider, especially if one is on anti-diabetic medications. Reduction of muscle mass and metabolic rate is not inevitable. It can be prevented by regular exercise.

The fourth is the inappropriate balancing of meals. Meals should be made up of the right proportion of carbs, proteins, fats, fiber, vitamins, micronutrients, and water. That requires a working knowledge of the science of nutrition. This will be the subject of another article.

Trash Talk: Green = Compost

California Senate Bill 1383 aims to keep organic waste out of landfills. The goal is to recycle or compost everything possible and avoid landfilling. To make organic waste bins easy to locate, the Bill requires bins to be green in color. The Bill also requires that all waste collection bins bear labels showing common items that belong inside as well as those that are prohibited.

As you travel across our community and any other in California, green bins should be more and more common. Look for them in parks, cafeterias, airports, fast food restaurants, hotels, classrooms, special events and venues, and anywhere else you might go. If you run across organic/compostable waste bins at your school, apartment complex, or workplace that are not green or well-labeled, see what you can do to make changes. Please do not dispose of any old collection bins that are in good shape. Until January 1, 2036, it's acceptable to use an old bin that isn't the right color; just make sure it's labeled correctly. If buying new collection bins, be sure to go green for organics, blue for recycling, and grey or black for garbage.

Please visit <u>brisbaneca.org/waste-and-recycling</u> and <u>calrecycle.</u> <u>ca.gov/organics/slcp</u> for more information about SB 1383 and why it's so important to keep organic waste out of our landfill.



Find Us on our Socials:



© @cityofbrisbaneca



@brisbaneca













A Great Way to Get Involved & Serve Your Community: Open Seats on City Committees

The City of Brisbane is currently recruiting community members interested in serving on the Open Space and Ecology Committee, the Inclusion, Diversity, Equity & Accountability Committee, and the San Mateo County Mosquito & Vector Control District. The deadline to apply is 5 PM on Tuesday, April 30, 2024, and the applications are available at brisbaneca.org/open-seats or by contacting the City Clerk at (415) 508-2113 or at cityclerk@brisbaneca.org.

Open Space and Ecology Committee

The primary responsibility of the Open Space and Ecology Committee is to make recommendations to the City Council on the implementation of relevant programs and policies of the Open Space and Conservation Elements as well as the sustainability parts of the Local Economic Development chapter of the General Plan. That responsibility includes preparing drafts of the relevant, regular reports called for in the General Plan, such as the annual report on the status of open space.

The Open Space and Ecology Committee meets on the 4th Wednesday of each month at 6:30 PM. 1 – Two-year term ending in 2026 is available to apply for.

Inclusion, Diversity, Equity and Accountability Committee

IDEA Committee members would define what Diversity and Inclusion means for the City. Members would also be an ambassador for the City to various aspects of the community, and the Committee would provide insight and feedback to the City Council on issues related to diversity and inclusion People who are eligible to apply are Brisbane residents and people who worked in Brisbane.

The IDEA Committee meets monthly on the third Wednesday of the month at 6 PM. Up to 3 – Two-year terms ending in 2026 are available to apply for.

Mosquito and Vector Control District

A Trustee representing the City of Brisbane is appointed by the City Council to govern the Mosquito and Vector Control District knowledgeably and effectively. The mission of the district is to safeguard the health and comfort of the citizens of San Mateo County through a science-based program of integrated vector management.

Board meetings are held at 6 PM on the second Wednesday of each month in Burlingame. 1 – Four-year term ending in 2028 is available to apply for.

To apply for any of these positions and to have an opportunity to make a contribution to your community, fill out the application form found at brisbaneca.org/open-seats and return it to the City Clerk's Office via email at cityclerk@brisbaneca.org or by mail: Attention: City Clerk, 50 Park Place, Brisbane, CA 94005. Applications must be received no later than 5 PM on Tuesday, April 30, 2024. An electronic copy of the application is acceptable to meet the deadline. For any questions, please contact the City Clerk, Ingrid Padilla, at cityclerk@brisbaneca.org or 415-508-2113.



MAKE A DIFFERENCE

Apply for Open Seats as a Committee Member or City Representative



- Open Space and Ecology Committee
- Inclusion, Diversity, Equity & Accountability Committee
- San Mateo County Mosquito & Vector Control District

FOR MORE INFO GO TO WWW.BRISBANECA.ORG
OR EMAIL CITYCLERK@BRISBANECA.ORG
DEADLINE TO APPLY: TUESDAY, APRIL 30, 2024 AT 5PM

Scan to Access Applications



How Do I Get Rid of My...

Doing some spring cleaning and wondering how you can sustainably reduce waste? Check out the dropoff and take-back website RecycleStuff.org, where you can search by material, company, or image, and have recycling and donation information at your fingertips!



The Center for the Development of Recycling (CDR) is a university-based, non-profit, environmental research and service organization. Established in 1989, CDR is committed to maintaining and distributing recycling information through its call center, RecycleStuff.org website, chat line, and social media sites while developing its staff of service-learning students into environmental professionals. CDR operates RecycleStuff.org as the official recycling website for the counties of Santa Clara and San Mateo and is the Recycling and Household Hazardous Waste (HHW) call center for Santa Clara County. CDR students provide staffing to the call center and chat line on Monday - Friday from 9 AM - 5 PM.

Update on Pilot Residential Permit Parking Program

At their meeting of March 7th, the City Council directed staff to move forward in sending out a letter to residences on Tulare St. and Thomas Ave. detailing the parameters of a proposed pilot Residential Parking Permit Program. The letter was sent out in late March and included a section for the household to indicate whether or not they are in favor of a test program, along with a self-addressed, stamped envelope. NOTE: the Council has not yet adopted a Residential Parking Permit Program; at this time they are solely seeking input through a survey of residences on the test streets.



This item will be coming back before the City Council at their April 18th meeting, where they will hear the results of the survey and determine whether the program will move forward. Relatedly, Brisbane Municipal Code Section 10.26 currently requires 70% of households to agree to participate in a residential-initiated Residential Parking Permit Program, so staff will also be preparing code revisions reflecting that percentage being lowered to a simple majority for Council to review and potentially approve. Tune in to the **April 18th City Council Meeting at 7:30 PM** to see what the City Council determines regarding Brisbane's pilot Residential Permit Parking Program. For more information about the pilot program, please visit <u>brisbaneca.org/rppp</u>.

Fall Soccer for Kids 4 - 13

Registration for AYSO fall soccer in Brisbane opens in early April, and is expected to fill up quickly! Brisbane AYSO had 200 players and 22 teams last season and they hope to have a great turnout again this year.

AYSO soccer is a fun, exciting program whose main goal is to get kids on the field, provide them with good coaches, and teach them to play the game. No previous soccer experience is needed – the focus is on developing players and cultivating good sportsmanship at all ages.

Brisbane AYSO soccer welcomes participants from Brisbane and surrounding areas, and offers generous scholarships for families in need. Email brisbaneayso@gmail.com for more information.



6U players giving it their all!



Brisbane Library Calendar – April 2024

SPECIAL EVENTS TO CELEBRATE MONTH OF THE YOUNG CHILD

Tuesday, April 2, 11:30 AM – 12:15 PM - Mariela's Music Time

An educational, energetic, and interactive bilingual performance for infants, toddlers, and preschoolers and their families that is filled with rhythms and multicultural sounds, along with the rich traditions of our Bay Area. This will be in place of Toddler and Family Storytime.

Saturday, April 6, 3 - 3:45 PM - Kids Go Mandarin Family Music

Sing, dance and move in Mandarin. Through music from folk songs from all over the world, children and families will grow with a stronger sense of cultural heritage and identity in this multisensory storytime.

<u>Saturday, April 13, 11 AM - 12 PM - Little Hands Art: Color Collage</u>

Toddlers and preschoolers will play with their caregivers using basic art supplies like crayons, scissors, and glue sticks. We'll explore alternate materials to make collages that celebrate one beautiful color.

Saturday, April 20, 3 - 3:30 PM - Swan Lake with the Academy of Ballet and Etiquette

In this ballet class your dancers will balance like the Swan Princess Odette, stretch like Prince Siegfried and leap like the villainous Count von Rothbart. Learn the technique, manners and story of Tchaikovsky's great ballet.

Tuesday, April 23, 3:30 – 4:30 PM – Paws For Tales

Do you have a reluctant reader? Sign your child up to have their own session to practice reading with a therapy dog at the library? Registration required at brisbaneca.org/smcl.

EVENTS TO HIGHLIGHT

Sundays at 1 PM & Wednesdays at 4 PM - Open Makerspace

Come explore the technologies we have to offer in the Makerspace! We'll have a surprise assortment of equipment ready to be tinkered with!

Mondays from 1 - 4 PM - YMCA Community Resource Center at the Library

YMCA Community Resource Center case workers will be at the library to help with a variety of services. They can assist with Medi-Cal, CalFresh, emergency food referrals, shelter referrals, rental assistance, utility assistance, unemployment, State Disability, Paid Family Leave and general forms assistance. Call (650) 276-4101 ext. 4 or email crc@ymcasf.org to request an appointment.

Tuesday, April 2, 5 - 7 PM - Gem Painting at the Library!

For Seniors and Adults, join gem painting! It's the perfect mixture of paint-by-numbers and mosaic art. New canvases and materials will be offered monthly while supplies last. Drop-in dates will be held on April 13 and 21 at 12:30 PM. Registration required at brisbaneca.org/smcl.

Sunday, April 7, 11 AM - 12 PM - Make Comics & Comic Strips With Khalid Birdsong

Have fun learning to create characters and comic pages just like the professionals with step-by-step help from cartoonist Khalid Birdsong. Khalid is a cartoonist, writer, and teaching artist living in California. His true passion is visual storytelling, and he has spent over twenty years creating comics with characters of color to entertain and inspire audiences. Registration required at brisbaneca.org/smcl.

Sunday, April 7, 2 - 3 PM – Jazz In The Library With The Alaya Project

The Alaya Project is the essential bridge between the intricate Carnatic style of Indian classical music and contemporary jazz and funk. The driving hybrid kit grooves of Indian percussionist and drummer, Rohan Krishnamurthy, the soulful Ragas and melodies of Prasant Radhakrishnan on saxophone, and the harmonic bedrock of Colin Hogan embody the permanence of a changing soundscape.

Tuesday, April 9, 1 – 3 PM - File Management & Cloud Storage

Join our introductory class on File Management and Cloud Storage to gain skills in organizing and securing your digital files efficiently. Registration required at brisbaneca.org/smcl.

<u>Tuesday, April 9, 6:30 – 7:30 PM - Creative Journaling: Enchanted</u> Lines

For adults, reconnect to your creative side with a drawing workshop that blends fantasy and botanical designs. No art experience is needed. Come join us to explore your imagination and bring your drawings to life! Registration required at brisbaneca. org/smcl.

Saturday, April 13 & Sunday April 21, 12:30 - 2:30 PM - Drop-in Gem Painting at the Library

Let's finish that gem painting at the library! Continue your project from April 2. Please note that this program is intended for those who have already received a gem painting canvas or will bring their own. No new canvases will be distributed at this program. New canvases will be distributed on the first Tuesday of the month.

Monday, April 15 at 11 AM - 12:30 PM - Medicare 101

New to Medicare? Enrolled but still confused? Virginia Kroger with the Health Insurance Counseling and Advocacy Program of San Mateo County (HICAP) will explain Medicare and provide an overview of different coverage options and will share how HICAP can help you navigate the many decisions you need to make regarding Medicare.

Tuesday, April 23, 5:30 – 7:30 PM – Conversations in Haiku

Celebrate Poetry Month Brisbane local poet, Jerry Bolick for this introductory workshop! Haiku poems are short, "little" poems, first written in Japan, now enjoyed worldwide. We'll talk about the history and characteristics of haiku, learn how to write our haiku and how to write them with others. No prior writing or poetry experience is necessary to enjoy this workshop. Registration required at brisbaneca.org/smcl.

Tuesday, April 30 - Sunday, May 5 - HIP Housing Calendar Art Display at Brisbane Library

HIP Housing's Annual Calendar features artwork from children

across San Mateo County describing what home means to them. Since 2001 HIP Housing's calendars have recognized young artists across the Peninsula while also bringing warmth to thousands of homes. Now, in partnership with the SMCL, the works of these young artists are coming to a branch near you!

Keep an eye out for more fun events that are being planned for the Brisbane Library at smcl.org!

RECURRING EVENTS

Mondays from 12 – 1 PM, Tuesdays from 6 – 7 PM & Thursdays from 6:30 – 7:30 PM – Tech Tutors

Tech Tutors is a service to help troubleshoot your technology issues. Participants will sit with a staff member who will walk you through a resolution. To book your appointment, visit: smcl.libcal.com/appointments/techtutors.

Mondays at 6:30 PM - Yoga

Interested in learning how to do yoga or already have a practice, and want to join others in your community? Please bring your own towel/mat. Register at brisbaneca.org/smcl.

Tuesdays at 11 PM – Toddler Storytime (Except for April 2) Join us for songs, stories and movement activities! This storytime is developmentally appropriate for children between the age of two - three years old and focuses on parent/caregiver and child interactions. We will use fun books and activities to channel toddlers' energy into interactive learning.

<u>Tuesdays at 11:30 AM – Family Storytime & Little Explorers</u> (Except for April 2)

Come along on an imaginary adventure for Family Storytime. Hear stories, sing songs, and learn wiggles that the whole family can enjoy together, from toddlers to grown-ups. At Stay and Play, Little Explorers create, play and learn together with their grown-ups.

Wednesdays at 6 PM - Tai Chi

Learn about the Chen-style Taijiquan (Tai Chi) form, Silk-reeling Exercises and Wuji Qigong. Chen-style Taijiquan is widely acknowledged as the ancestor of all other styles of Taijiquan.

Thursdays at 11:30 AM – Baby Bounce & Rhyme Time

Bring your bouncing baby to our weekly playtime, full of nursery rhymes and songs you can do together to stimulate your baby's development. Ideal for newborns up to 18-months old.

Thursdays at 2:30 PM - Drop-In Sewing

Complete your sewing project at the library! We have sewing machines and materials ready and available for you to use. Please bring your own fabric. This program is for adults and teens who are familiar with using sewing machines.

Thursdays at 6 PM – In-Person English Conversation Club

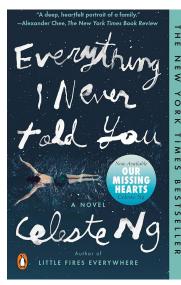
NEW! Improve your English and make new friends! Practice your speaking skills with fluent speakers and other English language learners in a small group. Open to all skill levels. For adults ages 18 and over. Capacity limits may apply.

"For Teens, By Teens" Book Review

Written by Charlotte Stewart, Brisbane resident and member of the City's Youth Advisory Committee (YAC) since February 2022. Charlotte currently serves as Secretary of the Brisbane YAC and in her free time reviews every book she reads on Goodreads (writing book reviews is her hobby)!

"Everything I Never Told You" by Celeste Ng

If you're looking for something that feels "literary" while also being thematically intuitive and thus pretty easy to grasp, this book checks all those boxes! The novel follows the metaphorical ebbs and flows of a half-Asian family in the '70s: the story begins with the death of a daughter in a lake, and the rest of the book is spent essentially tracing the familial tensions that led to her death. I think it does so in a very well-crafted way, and "crafted" is



the best way to describe the writing in this book. Most of the characters are very flawed, which is hard to accept at first, and took me until the end of the book to internalize. The layers of complexities to the characters are what makes this book, to me, feel "crafted"; and thus, when it was painful, it was painful on a much deeper level because of those same layers. The only thing is that I was expecting it to be much more subtle than it was; after finishing it, I was surprised to see that it was categorized as "literary fiction" because it's very repetitive and in-your-face about the points that it wants to get across. Overall, I'd recommend this book as an impactful and relatively short read!

POWER UP AFTERNOONS

Take a study break to relax with free-form art or experience hands-on STEAM activities.

Mondays at 3 PM – Maker Monday

- April 1 Game Day
- April 8 Cardboard Fun with MakeDo
- April 15 Sphero Olympics
- April 22 Intro to TinkerCad
- April 29 Digital Drawing with Procreate

Thursdays at 3 PM - Lego Club

Join us every Thursday for LEGOs and creativity!

Friday, April 19 at 3:30 PM - Lanyard Keychain Making

Braid plastic rope cords into a lanyard keychain. We'll have charms and fun colors to choose from!

Friday, April 26 at 3:30 PM - Emoji Poetry

Express yourself! Translate classic poems into emojis or craft your own! Supplies provided.



Providing for Today, **Preparing for Tomorrow**

*****ECRWSS EDDM** POSTAL CUSTOMERS

Presorted Standard U.S. Postage Paid San Francisco, CA Permit No. 43

BRISBANE, CA 94005

Brisbane Dance Workshop Presents



May 18, 2024 3:30 & 7:30 (Gala) May 19, 2024 3:30

Mission Blue Center Info/Tickets: brisbanedanceworkshop.org

Adults \$15 Children/Seniors \$12 Gala \$35

Brisbane Elementary Fundraiser

TAKE ME OUT TO THE

Support Brisbane Elementary School by joining the SF Giants at Oracle Park for one of these fundraising games in April and May.

For every ticket purchased, BES PTO will receive half the proceeds.

TO ORDER TICKETS. GO TO: HTTPS://FEVO.ME/GIANTSFUNDRAISER

PROMO CODE: BRISBEL



AVAILABLE GAMES:

04/08: WASHINGTON NATIONALS @ GIANTS, 6:45PM 04/09: WASHINGTON NATIONALS @ GIANTS, 6:45PM 04/10: WASHINGTON NATIONALS @ GIANTS, 12:45PM 04/18: ARIZONA DIAMONDBACKS @ GIANTS, 12:45PM 04/22: NEW YORK METS @ GIANTS, 6:45PM 04/23: NEW YORK METS @ GIANTS, 6:45PM 04/24: NEW YORK METS @ GIANTS, 12:45PM 05/28: PHILADELPHIA PHILLIES @ GIANTS, 6:45PM 05/29: PHILADELPHIA PHILLIES @ GIANTS, 12:45PM

Thank you for your support!





LEADERS IN TRAINING

SUMMER VOLUNTEER OPPORTUNITY!

The Leaders in Training (LIT) program is a great opportunity for rising 7th-11th graders to develop leadership skills while having fun. LITs will learn from and assist the Brisbane Summer Camp staff with things like leading activities, arts & crafts, sports, and field trips.

Completed LIT hours may be used as community service hours.

For details & to apply visit: brisbaneca.org/LIT



