NORTH COUNTY FIRE AUTHORITY
EMERGENCY PREPAREDNESS
NEWSLETTER

JULY 2023

IT'S WILDFIRE SEASON

85% of all wildfires are caused by humans.
Be careful while enjoying your public lands.

WILDFIRE READY

EMERGENCY

CALL 911
FIRE
POLICE
MEDICAL
RESCUE

National Pet Fire Safety Day
JULY 15TH

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BE PREPARED FOR A WILDFIRE

PREPARE FOR A WILDFIRE.
Have an emergency kit ready in case you are asked to leave your home.

PROTECTING FROM WILDFIRE:
Creating a Defensible Space

Drought, warmer temperatures, high winds, dried vegetation — wildfires are spreading. Be prepared — remove anything within 30 feet that could burn (woodpiles, spare lumber, vehicles, boats, etc).

Avoid Heat-Related Illnesses

Heat stroke (sun stroke) is a medical emergency. Even with immediate treatment, it can be life-threatening or cause serious long-term problems.

Prevention Tips
- Pay attention to the heat and modify your activities appropriately
- Don’t wait until you’re thirsty to drink more fluids
- Wear loose-fitting, lightweight and light-colored clothing
- Drink plenty of cold fluids and avoid alcoholic drinks

Warning Signs
- Confusion or disorientation
- Muscle cramps
- Dilated or constricted pupils
- Headache, nausea or vomiting
FIRE SAFETY

Keep a lid or cooking sheet nearby when you are cooking at high temperatures on the stove.

Stay in the kitchen when you are cooking to prevent a fire.

Do not leave food cooking unattended.

Prevent clothes dryer fires. Clean lint filters every time you use the dryer. Clean your dryer vent ductwork every year.

Fire Safety Tips & Tricks

YOU'RE the BEST Prevention Against Fire

2 out of every 3 American Households DO NOT have a Plan to Escape a Home Fire

Roughly 2 out of every 3 fire deaths happen in homes without working smoke alarms

The Leading Cause of Kitchen Fires

Unattended Cooking

According to NFPA
FIRE SAFETY TIPS FOR YOUR HOME

Fire detectors save lives
Install smoke and carbon monoxide detectors and remember to charge the batteries.

Create an escape plan
Ensure all members of the family know the emergency exits at home in case of fire.

Switch off appliances
Double check and make sure appliances are not left running after use.

Monitor your extinguishers
Constantly check your fire extinguishers and replace as necessary.

Clean vents and dryers
Clean lint filters after use and ensure all vents are unobstructed.

BE AWARE AND STAY SAFE!