



Resident Registration: Tuesday, April 16th (*Including Summer Swim Lessons*) Non-Resident Registration: Tuesday, April 30th



### **Parks & Recreation Staff**

MAIN OFFICE: 415.508.2140 ANGELA RODAS | Recreation Coordinator arodas@brisbaneca.org

**SARA NAHASS |** Recreation Coordinator snahass@brisbaneca.org

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NICOLE HOUGHTON | Recreation Supervisor nhoughton@brisbaneca.org

**NOREEN LEEK |** Parks & Recreation Director nleek@brisbaneca.org

### **REGISTRATION INFORMATION & POLICIES**

All activities require registration before attending. Activities may be cancelled due to lack of enrollment. Please register early so an activity will not be cancelled unnecessarily. Brisbane residents pay a reduced fee. Resident fee eligibility is for all individuals who reside or work in Brisbane. Proof of residency may be required, e.g., drivers license, PG&E bill, or pay stub from a Brisbane employer. (Note: P.O. Boxes do not establish residency.)

### 3 ways to register!

### Online Registration • <u>Click here!</u>

To register by credit card using our online system, visit the City of Brisbane online at <u>www.brisbaneca.org/parksrec</u> and click on the link towards the top of the page, then follow the instructions, or click the link provided above.

Walk-In Registration • City Hall • 50 Park Place Register in person at the Parks & Recreation administrative office at City Hall. You can obtain a registration form online or from the Parks & Recreation office.

Mail-In Registration • City Hall • 50 Park Place To register by mail, please download a form from the City of Brisbane website. Mail the form and your check made payable to the City of Brisbane to: Parks & Recreation office, 50 Park Place, Brisbane, CA 94005.

\*Note: we do not accept registration over the phone.

### PROGRAM REGISTRATION CANCELLATION AND REFUND POLICY

Full refunds will be issued for any class or program cancelled by The City of Brisbane. Cash payments are refunded by the City of Brisbane by check and can take up to 30 days. Refund checks will be made to the primary account contact and will be mailed to the home address on file. Please be sure your account information is up to date. For a full refund, [minus the \$7.00 processing fee], you must notify the department online, in person or over the phone at least 7 calendar days before the program begins, or the listed registration deadline. Refund requests made less than the 7 calendar days are not guaranteed. Each case will be reviewed on an individual basis. Failure to attend a program after it has started (no shows) will not be granted a refund. Refunds will incur a processing fee of \$7.00 for each activity/class that you withdraw or transfer from. **Transaction Fees:** Are established by the City Council and outlined within the City's Master Fee Schedule. Currently the Transaction Fees are as follows: Drop In Class: \$1 per class for drop in only. For classes under \$100: \$10 per class session or sport. For classes \$100 and over, \$22 per class session or sport.

### **PARKS & RECREATION FACILITIES**

PARKS & RECREATION MAIN OFFICE 50 Park Place, 2nd Fl. 415.508.2140

**BRISBANE COMMUNITY POOL** 2 Solano Street, 415.657.4321

**COMMUNITY CENTER** 250 Visitacion Avenue

**COMMUNITY PARK** 5 Old County Road

**DOG PARK** Entrances at 50 Park Place & 173 Park Ln

LIPMAN GYM/FIELD 1 Solano Street

MARINA 400 Sierra Point Parkway. 650.583.6975 **MISSION BLUE CENTER** 475 Mission Blue Drive

MISSION BLUE FIELD & VOLLEYBALL COURTS 475 Mission Blue Drive

**PRESCHOOL/AFTERSCHOOL MODULAR** 500 San Bruno Avenue, 415.467.6393

**SENIOR SUNRISE ROOM** 2 Visitacion Avenue, 415.508.0230

**SILVERSPOT TOT LOT** 4 Solano Street

**SKATEPARK** Old County Road & Park Lane

**TENNIS COURTS** 475 Mission Blue Drive & 1 Solano Street

### **PARKS & RECREATION COMMISSION**

The Parks and Recreation Commission is responsible for parks and recreation policies & programs within Brisbane. Appointed by the City Council, the Commission meets on the second Wednesday of each month at 6:30pm. We appreciate all the support and enthusiasm of our Parks and Recreation Commissioners!

**Current Commissioners:** Renee Commerford, Trudi Davis, Leesa Greenlee, Frank Kern, Natalie Ocampo, Julie Sims, Tom Seawell We are strong.

- We are confident.
- We are selfless.
- We are passionate.
- We are driven.
- We are essential.
- WE ARE PARKS AND RECREATION.



## INTERESTED IN RENTING A FACILITY?



Hoping to enjoy the fresh air outside for your next party or gathering? Why not consider the Community Park? Check out the details and make your reservation here: <u>brisbaneca.org/picnicreservation</u>.

Would you prefer your rendezvous or event indoors instead? Lucky for you, we have our Community Center or our even more spacious Mission Blue Center to offer! Find more information at: <u>brisbaneca.org/parksrec</u>.

We even have party packages available for our Community Pool. Find more information at: brisbaneca.org/parksrec.

Questions? Reach out to us at (415) 508-2140 or brisbanerec@brisbaneca.org.

### **PRESCHOOL PROGRAMS**

### Preschool

### Ages 3-5

The Brisbane Parks & Recreation department offers a developmentally appropriate program to encourage, support and develop the whole child. Preschoolers days are balanced with a variety of enrichment activities including art, imaginative play, recreation, music, stories and more. We aspire to enhance self-esteem, encourage independence, foster friendships and provide a nurturing introduction to school. All students participating in the Preschool program must be a minimum of three (3) years old and less than six (6) years old and fully potty trained at the start of the program (NO EXCEPTIONS). Proof of age is required for all new students.

<u>Days/Times:</u> Tuesday, Wednesday, Thursday, Friday 9:00am-Noon

Location: Brisbane Elementary Modular 500 San Bruno Avenue, Brisbane

### SPRING SESSION REGISTRATION OPEN NOW!

Note: Space is limited.

Quarter 4: April 16th – June 7th Fee: \$598 Resident, \$790 Non-Resident



### Fall Preschool 2024

### Registration opens Tuesday, June 11th at 9AM!

Note: Space is limited. Quarter 1: Sept. 3rd – Nov. 22nd Quarter 2: Dec. 3rd – Feb. 7th Quarter 3: Feb. 11th – April 4th Quarter 4: April 21st – June 6th

Fee:<u>\$778.50 Resident, \$1038 Non-resident</u> Location: Brisbane Elementary Modular, 500 San Bruno Ave.

\*Fees may be different after 7/1 due to Master Fee Schedule updates

### Brisbane Parks and Recreation Presents: SUMMER PRESCHOOL CAMP **@BES Modular \$94R \$118NR** Sessions: 1: July 9th-12th **Backyard Fun** 2: July 16th-19th Camping For 3-5 **Riding the Waves** 3: July 23rd-26th ears Old **Color Splash** 4: July 30th-Aug 2nd **9AM-12PM** 5: August 6th-9th Wacky Week **Tues-Fri** 6: August 13th-16th Summer Food





Pre-School and Kindergarten aged children. Come and learn Tahitian Culture through colors, number, directions and so much more. This class is geared towards our little ones to gain mobility and cultural knowledge of Tahiti through song and movement. Pareau (sarong) is not necessary, however encouraged.

Instructor: Desiree Woodward-Lee Location: Mission Blue Center, 475 Mission Blue Drive

Days/Times: Mondays 6:30pm-7:15pm

### Dates:

Session 1: 4/1/-5/22/2024 Session 2: 5/27-6/24/2024 Session 3: 7/8-8/26/2024

Fee: \$79 (Resident), \$94 (Non-resident)

### **Youth Soccer**

Ages 3-10 (separate classes for 3-6, 8-10)

In our soccer pods we teach and demonstrate the various forms, techniques and positions played in this universal sport. We have incorporated futsal, outdoor and even indoor methods of the game in our pods. Training kids from beginner to elite.

Instructor: FAS Fitness Location for Summer: Community Park Grass 11 Old County Road Days/Times: Tuesdays 6:30pm-7:15pm

### Dates:

Session 1: 5/7-5/28/2024 Session 2: 6/4-6/25/2024 Session 3: 7/2-7/30/2024

Fee: \$\$160(Resident), \$168 (Non-resident)

### SILVERSPOT COOPERATIVE NURSERY SCHOOL



### **ABOUT US**

Our purpose is to provide a positive, safe healthy environment in which children learn through a play-based curriculum. A close connection with parents, teachers, and the community at large sets the stage for children to obtain confidence, self-esteem and social skills. Silverspot is a parent-run, non-profit co-operative nursery school working to create a community of encouragement and learning for families. Silverspot accepts children between the ages of 2.5 years and 5 years 11 months. We accept children who are not yet potty trained.

PLAY-BASED LICENSED PARENT CARE -RUN

**FULL-TIME & PART-TIME PROGRAMS** 



4 Solano Street, Brisbane, CA 94005 415-657-0142 FOR MORE INFO PLEASE VISIT OUR WEBSITE OR EMAIL US

WWW.SILVERSPOTCOOP.ORG

INFO@SILVERSPOTCOOP.ORG

### YOUTH PROGRAMS

### **Club Rec Afterschool Program**

### Kindergarten-5th grade

The Club Rec afterschool program is a safe and engaging space where kids can spend time with friends between school and home. Kids can participate in daily sports, games, arts and crafts, and STEM activities throughout the week with our wonderful Recreation Leaders. BES students are dismissed from class and walk directly to our modular located on the BES campus at 500 San Bruno Avenue. A daily snack is provided. If you have questions regarding the registration process or program, please contact our main office for assistance. Club Rec Afterschool program participants are also eligible to sign up for clubs, additional activities offered weekly with staff or contract instructors.

### 2024-2025 School Year

Registration opens: Tuesday, June 11th at 9AM! *Note: Space is limited.* 

### **Parents Night Out**

### Ages 5-12

Spend a night out while we care for your kids! They'll enjoy games, crafts, dinner, and a movie with our wonderful Rec Leaders while you take a night off. Pajamas, blankets, and stuffed animals are encouraged!

Date: April 20 Time: 5:00-10:00pm Fee: \$35 per child (*per event*)



August 22nd 2024 - June 13th 2025 Fee: \$1,924/10 months\* Location: Brisbane Elementary Modular, 500 San Bruno Ave. \*Fees are subject to change pending Council adoption of the annual master fee schedule.



## SPORTS on the horizon ...

- Track (sign up by April 16th)
  - Meets are held at Mills High School
    Thursdays 4/18, 4/25, 5/2, 5/9, & 5/16
- Flag Football
- Volleyball
- Basketball

Note: these programs must meet minimum enrollment numbers to run.



### Full day camp for youth entering grades 1ST-6TH REGISTRATION OPEN!



### **LEADERS IN TRAINING**





The Leaders in Training (LIT) program is a great opportunity for rising 7th-11th graders to develop leadership skills while having fun. LITs will learn from and assist the Brisbane Summer Camp staff with things like leading activities, arts & crafts, sports, and field trips.

SUMMER VOLUNTEER OPPORTUNITY!

Completed LIT hours may be used as community service hours.

For details & to apply visit: brisbaneca.org/LIT





### **Tahitian Dance**

### Taurea, Toa, Aito, Hiva et Fetia Divisions: Youth class ages 4-12

Come and learn the basics of Tahitian Dance. This class will teach the terminology of the Tahitian Dance movement instructors. and choreography, along with the teachings of basic drum beats and music of Tahiti. No previous experience is required. Everyone is welcomed. Required attire: Pareo (sarong), shorts or sweatpants for girls. Athletic shorts or sweatpants for boys, t-shirt, no shoes (socks are permissible). Classes will be accompanied by live drumming and music. Facemasks are required for all participants and instructors. Instructor: Desiree Woodward-Lee Location: Mission Blue Center, 475 Mission Blue Drive

Days/Times: Mondays & Wednesdays 7:15-8:15pm

### Session Dates:

Session 1: 4/1/2024-5/22/2024 Session 2: 5/27/2024-6/26/2023 Session 3: 7/8-8/28/2024 Fee: \$79 (Resident), \$94 (Non-resident)

### **Tahitian Dance Private Lessons**

**Taurea, Toa, Aito, Hiva et Fetia Divisions: All ages** Location: Mission Blue Center, 475 Mission Blue Dr.

Days/Times: Tuesdays, 7:15PM-9:00PM Session Dates: Session 1: 4/1/2024-5/22/2024 Session 2: 5/27/2024-6/26/2023 Session 3: 7/8-8/28/2024 Fee: \$38 (Resident), \$46 (Non-resident) per lesson

### Watercolor Summer Camp

### Ages 7-15

Are you a budding artist ready to explore your creative potential? Then check out this fun and unique watercolor painting camp. Campers will learn to create with basic composition, shapes, forms, value, texture and light, but most importantly the amazing effects of watercolors. Project will be assigned based on student age and skill level. All guidance and tips will be provided by instructor. Students registered in both morning and afternoon camps are welcome to stay in the center during lunchtime.

### **Instructor: Ms. Shirley**

Location: Mission Blue Center, 475 Mission Blue Drive

### Fee: \$190 (Resident) \$224 (Non-resident)

### Week 6/24-6/28

• *Morning Camp, 9am - 12pm* <u>Theme:</u> It's A Small World - Explore the flora and fauna commonly found in our backyard.

• Afternoon Camp, 1pm - 4pm

<u>Theme:</u> Famous Places - Landscape and architecture from beautiful places in the world.

### Week 7/15-7/19

• Morning Camp, 9am - 12pm

<u>Theme:</u> Four Seasons - Warm and green, hot and bright, cold and yellow, frosty and white. Let's explore colors of the four seasons.

• Afternoon Camp, 1pm - 4pm

<u>Theme:</u> American Wetlands - Discover the beauty of swamps and marshes where many species have called home.

### Week 8/5-8/9

• Morning Camp, 9am - 12pm <u>Theme</u>: Storybook Fantasy - Fictional characters, fantastic lands, and mythical beasts come to life.

• Afternoon Camp, 1pm - 4pm.

<u>Theme:</u> Explore the Arctic and the Antarctic - Paint beautiful wild animals, snow mountains and glaciers.

### Week 8/12-8/16

• Morning Camp, 9am - 12pm

<u>Theme</u>: Still Life - The basic observational drawing and painting of display objects, then create a background out of imagination.

### **Brisbane Dance Workshop Presents**

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May 18, 2024 3:30 & 7:30 (Gala) A May 19, 2024 3:30

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Adults \$15 Children/Seniors \$12 Gala \$35

BDW

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### Mission Blue Center Info/Tickets: brisbanedanceworkshop.org

Dance and Theater Classes for Pre-School Aged Students through Adults registration, class descriptions, schedules @ www.brisbanedanceworkshop.org

Questions: brisbanedanceworkshop@gmail.com

## DISCOVER YOUR SUMMER ADVENTURE

## with the Brisbane Library

A partnership with Brisbane Parks & Recreation Department, the IDEA Committee, and the Parks & Recreation Commission

YOUNG ADULT

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SMCL.ORG/BRISBANE

Young adults, ages 18-23, are often overlooked and programs preparing young adults for vital life skills are scarce. We are exploring the possibility of offering a series of personal development courses to provide guidance and invaluable life skills to prepare them for the future. Before doing so, we want to hear from YOU! We will be launching a community-wide survey this Summer to identify the types of programs that are desirable to this community. Keep your eyes peeled for the survey! Featuring 3 nights just for 7th-12th graders! Music, Games, Snacks, Art & More!

TEEN MORINE

May 15 July 24 Aug 14 Drop-in at Sunrise Room Teen Swim at Community Pool Drop-in at Sunrise Room

5:30PM-8PM @ Sunrise Room, 8PM-9PM @ Community Pool



Executives: Andy, Ava, Avani, Charlotte, Ilarion, Kate, Peer, Sagar, Sasha, Sebastian, Shavon, Stacia & Sumire

Associates: Alex, Alexandria, Farzinakhon, Julianne, Marissa, Orion, Raina, Rohin & Sara



These teens have all been working hard this school year to advocate, volunteer, and support the community! We appreciate all that you do.

### **ADULT ACTIVITIES**

### **Oil Painting**

### Ages 18+

This six-week class is designed for beginner & intermediate painters who want to improve their skills and move to the next level.

Instructor: Michael Rodman, contact Michael@rodmanart.com for more information. Location: Mission Blue Center Conference Room, 475 Mission Blue Drive

Days/Times: Thursdays 6:00-8:30pm

Session: 7/18-8/22

Ages: 18+

Fee: 6 classes: \$262 (Resident), \$310 (Nonresident) 4 class drop in: \$222 (Resident)\$262 (Non-resident)

### **Oil Painting Workshops**



Class is for first time artists or artists who want to try out oil painting for the first time. It's a full day to learn new tips and tricks. Morning beginner session is all for color mixing using three primaries and white. In the afternoon is focused on painting a complete still-life painting for your home. This six-week class is designed for beginner & intermediate painters who want to improve their skills and move to the next level. All materials included with registration.

Instructor: Michael Rodman, contact Michael@rodmanart.com for more information. Location: Mission Blue Center Conference Room, 475 Mission Blue Drive

Days/Times: Saturday 9:00-4:00pm

Session 1: 7/20 Session 2: 8/17

Fee per class: \$147 (Resident), \$172 (Non-resident)



### Rumba

### **Ages** 18+

This class will inspire you to move your body and get your heart pumping through the Rumba dance. Isabel has taught dancing and aerobics in a variety of forms for 6 years in Colombia. She looks forward to meeting you on the dance floor!

Location: Brisbane Community Center, 250 Visitacion Instructor: Isabel Howell

**Days/Times:** Thursdays 7:00-8:00pm Session 1: **5/2-6/20** Session 2: 6/27-8/22, omit 7/4 Fee: \$80 (Resident) \$94 (Non-resident) - **8 class** 

ART BY MICHAEL RODMAN'S STUDENTS



### **Tahitian Dance**

### Taurea, Toa, Aito, Hiva et Fetia Ages 13+

Come and learn the basics of Tahitian Dance. This class will teach the terminology of the Tahitian Dance movement instructors. and choreography, along with the teachings of basic drum beats and music of Tahiti. No previous experience is required. Everyone is welcomed. Required attire: Pareo (sarong), shorts or sweatpants for girls. Athletic shorts or sweatpants for boys, t-shirt, no shoes (socks are permissible). Classes will be accompanied by live drumming and music. Facemasks are required for all participants and instructors. Location: Mission Blue Center, 475 Mission Blue Drive

Days/Times: Mondays & Wednesdays 8:30-9:30pm

On-Going AM

Boot Camp

Session dates: Session 1: 4/1/2024-5/22/2024 Session 2: 5/27/2024-6/26/2023 Session 3: 7/8-8/28/2024

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Fee: \$79 (Resident), \$94 (Non-resident)

### **Tahitian Dance Private Lessons**

**Taurea, Toa, Aito, Hiva et Fetia** *Divisions: All ages* Location: Mission Blue Center, 475 Mission Blue Drive

Days/Times: Tuesdays, 7:15PM-9:00PM

### **Session dates:**

Session Dates: Session 1: 4/1/2024-5/22/2024 Session 2: 5/27/2024-6/26/2023 Session 3: 7/8-8/28/2024 **Fee:** \$38 (Resident), \$46 (Non-resident) per lesson



Thursday 6PM Studio (Mission Blue) Pilates Sunday 7AM Outdoor (Brisbane Park Gazebo) Reset Yoga Vinyasa / Hatha Flow

Thursday 7:45PM Studio (Mission Blue) Vinyasa Flow -MYA Yoga Wednesday 6AM Outdoor (Brisbane Park) Vinyasa Flow -MYA Yoga + AB Flow

### 4/24/24- 6/26/24

## ADULT SOFTBALL

FEE: \$799/TEAM

Register now!

NEW

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MISSION

**BLUE!** 



op n

**Mission Blue Courts** 

For more information, contact Jeff jfranco@brisbaneca.org



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WE'RE HIRING!

RECREATION LEADER, AGE 18+ RECREATION LEADER AIDE, AGE 15+

> FOR MORE INFORMATION OR TO APPLY: BRISBANECA.ORG/JOBS

LIFEGUARDS, AGE 15+

N

Shop the Brisbane Merch <u>Store B</u>ETSY!

brisbaneca.org/BETSY



### AQUATICS

### 2 SOLANO STREET, BRISBANE CA 94005, POOL OFFICE 415.657.4321 WWW.BRISBANECA.ORG/COMMUNITY-POOL

The Brisbane Community Pool is a great place to get connected with residents and members of surrounding communities, accomplish a fitness goal, or start a new family tradition by attending one of our many programs. The pool is also available for birthday parties and private rentals. The pool is a 25 yd./75 ft. outdoor pool with a zero-depth entry pool for disability access, heated to 79-81 degrees using solar and conventional heating. Our aquatic staff are professionally trained lifeguards with the American Red Cross. If you would like to receive pool updates, please visit brisbaneca.org/email to be added to our email list.

2024 Pool Party Packages

Enjoy the use of the pool facility for your end of the school year party, birthday, sport team awards, or graduation.

### During Rec Swim (Gazebo Rental) (25 max)

**Saturdays 1:00PM-4:00PM,** Sundays 12:00PM-3:00PM Fees: Resident: \$135 / Non-Resident: \$172

### Private Rental (50 max)

Saturdays 4:30PM-6:15PM or 6:30PM-8:15PM Fees: Resident: \$273 / Non-Resident: \$346

\*Pricing is subject to change. Scheduling is limited.

BONUS IDEA: Check in with staff about an option for renting our water volleyball inflatable & having a mermaid for your next pool party!

### **Now Hiring Lifeguards!**



scan here for more details & to apply



### **ENTRANCE FEES**

Youth (0-17) \$4 Resident \$6 Non-Resident

Adults (18-59) \$6 Resident \$9 Non-Resident

Seniors (60+) \$4 Resident \$6 Non-Resident

### Monthly Pass (Adult Lap Swim Only)

Adults (18-59) \$60 Resident \$90 Non-Resident

Seniors (60+) \$40 Resident \$60 Non-Resident



## BRISBANE COMMUNITY POOL



### April 1 - June 16, 2024

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Adult Lap Swim

Group Lessons

**Recreation Swim** 

(3 Lanes)

8am-12:45pm

9:15am-1pm

1pm-3pm

7am-9:45am Adult Lap Swim

9:55am-10:55am Water Aerobics

**11am-1pm** Adult Lap Swim

**4pm-7pm** Recreation Swim

Group Lessons

Adult Lap Swim

6pm-8pm

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TH	U	RS	D	AY

**7am-1pm** Adult Lap Swim

**4pm-7pm** Recreation Swim

5:30pm-6:35pm Thursday Private Lessons (1 Lane)

Recreation Swim

Adult Lap Swim

6pm-8pm

8:30am-12:15pm Adult Lap Swim

9:45am-12:15pm Group Lessons (2 Lanes)

12:30pm-3pm Recreation Swim

3:15pm-7:30pm Private Parties

Summer Schedule June 24 - August 24, 2024					
SUNDAY	MONDAY WEDNESDAY	TUESDAY Thursday	FRIDAY	SATURDAY	
<b>8am-12:45pm</b> Adult Lap Swim	<b>7am-9:45am</b> Adult Lap Swim	<b>7am-12:45pm</b> Adult Lap Swim	<b>7am-9:45am</b> Adult Lap Swim	<b>8am-10am</b> Adult Lap Swim	
<b>9:45am-12pm</b> Private Lessons (1 Lane)	<b>10am-11am</b> Water Aerobics		<b>10am-11am</b> Water Aerobics	<b>10:15am-12:45pm</b> Group Lessons	
<b>1pm-4pm</b> Recreation Swim	11am-2pm Recreation Swim 2:15pm-5:45pm	1pm-2pm City Camp Swim 2:15pm-5:45pm	11am-2pm Staff Training 2:15pm-5:45pm	<b>1pm-4pm</b> Recreation Swim	

Group Lessons

Adult Lap Swim

6pm-8pm

Pool Capacity Notice

4:30pm-8:30pm Private Rentals ncludes those in the pool and on the pool deck. On any given day, including warm weather days, the maximum poo In the event we reach capaci we v weather days, on warm recreational swim times. ons exit. To avoid disappointment encourage you to arrive at the start of our designated recreational swim periods (see schedule above) reach maximum occupancy during facility once other pool *We occasionally* e to enter the capacity. <u> Our facility capacity is 208 people which</u> allow addi the and ( lower th a waiting list be | may l capacity

## **Brisbane Community Pool**

## SUM LESSONS

4 x 30-Minute Classes Fees: \$50 Resident, \$58 Non-resident \*\$40 Resident, \$46 Non-Resident **Saturday Sessions** 

- 1. June 29 July 20
- 2. July 27 Aug 17

### **Monday-Thursday Sessions**

1. June 24-275. July 22-252. July 1-3\*6. July 29 - Aug 13. July 8-117. Aug 5-84. July 15-188. Aug 12-15

LEVEL	<b>DETAILS &amp; PREREQUISITS</b>	Ratio	Times
GUPPY	This adult/child class is held in the big pool and will teach adults basic water adjustment and safety skills for their children ages 6 months - 3 years	10/1	<b>M-Th:</b> 2:15pm <b>Sat:</b> 10:15am
	Students ages 4 years + will learn to put their face in the water and enjoy the water safely. To pass this level, children must swim 5 yards without support.	4/1	<b>M-Th:</b> 2:15pm, 2:50pm, 3:25pm <b>Sat:</b> 10:15am, 10:50am
SEAHORSE	Students must be at least 4 years old and have passed the Starfish level or can comfortably swim 5 yards on their own. To pass this level, students must swim 10 yards of front and back crawl.	5/1	<b>M-Th:</b> 4:05pm, 4:40pm <b>Sat:</b> 11:25am
LOBSTER	Students must be at least 4 years old and have passed the Seahorse level or can independently swim 10 yards of front crawl and tread water comfortably. This class focuses on stroke and side breathing refinement.	6/1	<b>M-Th:</b> 2:50pm, 3:25pm <b>Sat:</b> 10:50am, 11:25am
SEAL	Students must be at least 6 years old, have completed the Lobster level, and can comfortably swim 25 yards. The Seal level includes lap swimming, will refine strokes and introduce breaststroke, sidestroke, and flip turns.	6/1	<b>M-Th:</b> 4:40pm <b>Sat:</b> 12pm
SHARK	Students must be at least 6 years old and have completed the Seal level. Shark level lessons will polish strokes and swim with more ease, efficiency, and smoothness over greater distances.	6/1	<b>M-Th:</b> 4:05pm <b>Sat:</b> 12pm

Registration Dates: Brisbane Residents - April 16th 2024 | Non-residents - April 30th 2024 BRISBANE COMMUNITY POOL | 415-657-4321 | WWW.BRISBANECA.ORG **FRIDAY FUN @ REC SWIM** 

### 2:30-5:30PM

Just Ducky: June 28 Out of this World: July 19 Island Vibes: August 16

**ENTRY FEE REQUIRED** SPECIAL TREAT PROVIDED

## SHARK WEEK JULY 21-28



Join us at the pool for fun & festive Activities!

### Adult Private Swim Lessons

Tu, Th, & F mornings with Instructor: Laura Zovickian \$45/lesson Contact the Community Pool for more information.

Laura has taught swim lessons for 20+ years



DINK & DUNK CAPP 7/8-7/11 & 7/15-7/19 Community Pool / Lipman Court for swimming & pickleball play

## PIRANHA SWIM CLUB

Brisbane Parks & Recreation has designed a swim club for youth who have advanced beyond our traditional swim lessons program and are looking for the next step towards competitive swimming. This program will refine strokes and teach endurance through instruction, drills, and interval training with a pace clock.

> Contact if Interested!

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STROKE EFFICIENCY | ENDURANCE | FUN! For more information, please contact the Brisbane Community Pool at 415.657.4321 or visit us online at www.brisbaneca.org.

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## WATER AEROBICS

### **REGISTER NOW**

If you're looking for a way to get fit, relieve stress, and have fun, this is the class for you This has been one of the most popular classe in Brisbane for many years. The natural buoyancy of the water helps avoid injury and exercising in water offers 12-14 times the resistance than regular exercise! Instructor: Heidi Levison

> \$36 Resident/\$40 Non-Resident, (4 week session, note: prices vary per month) \$10 Resident/\$11 Non-resident drop in

## Whistle While You Work Lifeguard Certification Cla

### Fri - Sum 4/12 - 4/14

Times: Fri- 6:00pm-10:00pm Sat/Sun- 8:00am-5:00pm

- Attendance for all 3 days is required
- Students must be at least 15 year of age by the last day of class.

\$216

- 🔗 Have the ability to swim 300 yards non-stop
- STread water for 2 minutes with no hands
- ✓ 10 lb brick dive and swim 20 yards





10:00-11:00AM

Mondays/Wednesdays/Fridays





### **ACTIVE ADULTS**

### SUNRISE ROOM | 2 VISITACION AVENUE, BRISBANE | 415.508.0230

The Sunrise Room is located at 2 Visitacion Avenue, Brisbane CA, 94005. The center is open in accordance with the schedule outlined on this page. All programs are FREE to residents ages 55 or older.

### **New Senior Orientation**



NEW!

If you're new to Brisbane, or would like more information on what is offered and how to get started, drop by for a brief tour and time to ask questions with Brisbane staff for residents. No registration is needed, meet at the Sunrise Room.

Drop by the Sunrise Room anytime from 12-4PM Mon, Tue, or Thursdays!

### **Monthly Game Day**

If you enjoy cards, games, or puzzles, you'll love this new program. Once a month, we'll plan to host a certain style of cards or games. Plan to bring your friends and enjoy a cup of coffee, cookies, and a few fun games. Advance registrations are appreciated to help us plan snacks, but dropins are welcome! No need to stay the whole time, just come when you're able.

Tuesdays, 1-3PM Dates: 4/23, 5/21, 6/18, 7/16, 8/20

### San Mateo County Resource Book

Come by the Sunrise Room and request a San Mateo County Resource book. This book is filled with important phone numbers and information in English, Spanish, and Chinese.

### **Program Planning & Feedback Session**



Do you have an idea for a program you think others would enjoy? We'd love to have you join us at a bi-monthly planning session. Everyone is welcome. Refreshments provided.

Thursdays, 2-3PM Dates: 5/14 & 7/15

### **Senior Art**

Drawing and painting instruction will be provided by Shirley Lim. Life is a canvas so come prepared to unleash your creativity! Location: Sunrise Room

Days/Times: Thursdays 9:00-10:30am & 10:30am-Noon (timing may fluctuate)

Dates: 4/4-8/15\* \*Schedule subject to change

### **Food Donation Opportunities**

Seniors are welcome to check with Sunrise staff for information on obtaining free food donations. PLEASE NOTE: Donations are not on a specific schedule.

## Sunrise Room Activity Schedule

### Monday

wednesday

once a month

weekly

Walk-in Hours: 1:30-5PM

-Design & Build Workshop

-Senior / YAC tech help

### Walk-in Hours: 12-5PM

-Samaritan House Lunch Pick Up & Delivery, 12-1PM -Coffee & Crochet, 2-4PM

### Tuesday

Walk-in Hours: 12-5PM

-Movies / TV Showing, 1-3:30PM

### Thursday

Walk-in Hours: 12-5PM -Conversation & Scheduled Seminars or Special Programs, 1:30-3:30PM

### Friday

### Walk-in Hours: 12-5PM

-Bingo 12:30PM -Blood Pressure Checks

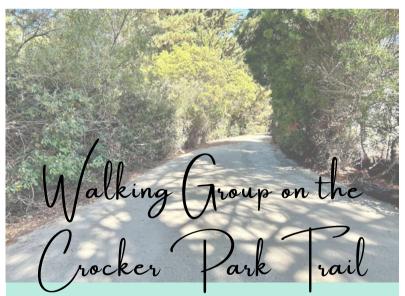
For questions about any of these programs, stop by the front desk, call 415.508.0230, or email tmadrigal@brisbaneca.org

### **Monday Lunch Service**

The City of Brisbane is partnering with Samaritan House to offer lunches to Seniors on Mondays. Reservations must be made by Friday for the following week. Drive-by or walk-up pick-ups are available between 12-12:45pm at the Sunrise Room (2 Visitation Ave). Home delivery is available, as needed for residents. (415) 508-2144.

### Wednesday Senior Club Lunch & Bingo

Brisbane's Senior Club hosts a weekly lunch and Bingo on Wednesdays. Contact Teresa Madrigal for more information at 415.508.0230.



Intended for participants ages 55+ Meet in front of the Sunrise Room at 9AM

Days/Times:

Mondays, 9:00am-11:00am **Dates:** 4/8, 4/22, 5/6, 5/20, 6/10, 6/24, 7/8, 7/22, 8/5, 8/19



### Limited Spots Remaining for Got Wheels!

Registration has reopened for Got Wheels! Are you 70 years or older and looking for a regular alternative to driving? Are you looking for an affordable transportation service that is available when you need it, any day – any time?

Got Wheels! provides up to 6 one-way rides a month for \$5 per one-way ride in the service area, which includes SFO and 12 cities. Members may take up to 2 companions free of charge regardless of age and town of residence (provided they get on and off the cab at the same address as the member). To register, please contact the Got Wheels! Program Manager, Cherie Querol Moreno, at (650) 403-4300, ext. 4329 or email her at <u>cqmoreno@pfso.org</u>.



FREE!



### Get APP-Y Tech Sessions Ages 55+

Topics will include: new technology skills, how to use mobile devices, how to download and use apps, online safety & more! Provided by Peninsula Family Service & San Mateo County Health Behavioral & Recovery Services.

**Days/Times:** Thursdays, 4/18, 5/16, 6/20, 7/18, 8/15 from 2:30-4:00PM at the Sunrise Room.

Please RSVP: (650)403-4300 ext. 4366 or email:helpathand@peninsulafamilyservice.org

### **Agile Aging**

Brisbane Chiropractor Dr. Abney's Agile Aging class teaches how to prevent falls, and enliven activities of daily life through a movement based approach to wellness. Location: Sunrise Room

Days/Times: Tuesdays 10:30am-11:30am Classes held: 4/2-8/27

### Guided Conversations

Fridays starting at 2:00pm – topics will be provided, bring your stories!



All programs listed on this page are free for seniors!

## Intergenerational Programming

**E-Fitness at the Sunrise Room** 

Try out exercising with the Nintendo Switch & have fun while staying active!

Days/Times: Thursdays, 4/25, 5/23, 6/13, 7/25, 8/22 from 2:30-4PM

**Brisbane's Youth Advisory Committee Presents** 

### TEEN TECHNOLOGY SUPPORT

Wednesdays 4pm-5pm

at Sunrise Room



- Jelly Belly Factory
  - Tuesday, 4/30 from 8:30AM-4:00PM \$30R/\$35NR
- Disney Museum
  - Tuesday, 5/16 from 10:00AM-4PM \$40R/\$45NR
- San Mateo County Fair
  - Thursday, 6/6 from 10:00AM-3PM \$25R/\$30NR
- Pier 39
  - Thursday, 7/9 from 10:00AM-3PM \$25R/\$30NR
- SF Zoo
  - Friday, 8/13 from 10:00AM-3PM \$40R/\$45NR



ADVANCE REGISTRATION IS REQUIRED. CONTACT THE P&R OFFICE FOR MORE INFORMATION.

### Community Park Playground Resurfacing Completed!

The contractor has finished the playground resurfacing work at the Community Park as of February 2024. The Community Park Playground Resurfacing Project was funded by Prop 68, California's Department of Parks and Recreation and the City of Brisbane. This project has been in motion since the Council adopted a resolution in 2020 to apply for CA Prop 68 grant funds, supporting the City's preservation of a valued community asset. Thank you to California Drought, Water, Parks, Climate, Coastal Protection and Outdoor Access for All Act of 2018 and representatives: Gavin Newsom, Wade Crowfoot, Armando Quintero, California Department of Parks and Recreation and Brisbane's City Council. Thank you also to, Brisbane Parks and Recreation & Public Works staff, Mike Glynn, and Robertson Recreational Surfaces for your efforts on this project.











### City of Brisbane Public Art Master Plan

Produced by NINE dot ARTS in collaboration with the City of Brisbane and local stakeholders



#### What do YOU envision for public art in Brisbane?

Share your unique ideas and perspectives by participating in the planning process and contributing to the vibrancy of our city!



Follow along and learn how to participate in the city's first ever public art master plan:

www.BrisbaneCA.org/PAMasterPlan

### There may not be a "poop fairy" but...

Jack Stowe and his wife, Hayley Craddock, come close. The two San Mateo residents frequent the Brisbane Dog Park when they walk the dog of a friend who lives in Brisbane, along with their own pups. While supervising the dogs, they make it a habit to spiff up the dog park by cleaning up any stray poop. Parks & Rec Commissioner Julie Sims "caught" them in the act of cleaning the



dog park and thanked them for their service. Jack and Hayley said they think it's just the right thing to do and aim to leave the park better than how they found it.

We're now inviting local residents to "catch" people in the act of providing small acts of service that keep our public parks and spaces clean and inviting. You can email us your stories at:

creatingcommunity@brisbaneca.org. Those who are "caught" will be featured on social media and entered for a drawing to win an array of goodies from BETSY (brisbaneca.org/betsy), Brisbane's official merch shop on Etsy.

### **BRISBANE PARKS & RECREATION PRESENTS**

### MENTAL HEALTH AWARENESS MONTH

### IN COLLABORATION WITH:



FOR MORE INFORMATION: BRISBANECA.ORG/EVENTS

MAY

OFFERING THE COMMUNITY EVENTS, SERVICES, RESOURCES, AND ACTIVITIES FOR TEENS, SENIORS, AND RESIDENTS OF ALL AGES THROUGHOUT THE MONTH OF MAY. TEENS: 5/11, 5/14 - RECEIVE 1 COMMUNITY SERVICE HOUR EACH DAY!

EVENTS



LIGHT UP COMMUNITY PARK GAZEBO GREEN & CALM APP ACCESS (SMCL.ORG/CALM) / GIVEAWAY BOOKS THROUGH LIBRARY (WHILE SUPPLIES LAST)

MOB PLAY GYM , AGES 0-5 & CAREGIVER 9:30AM-11AM SPECIAL MUSIC AND DANCE CLASS WITH VIKY MOJICA FROM 10:30AM - 11 AM



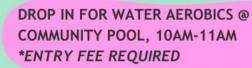
GALLERY OF ABSTRACT AFFIRMATIONS @ CITY HALL AND ROLL OUT OF "WHAT MAKES YOU HAPPY" POSTER CAMPAIGN

WALK FOR AWARENESS @ CROCKER TRAIL FROM. 10-11AM (NO SIGN UP NEEDED) & GEM PAINTING, FOR ADULTS @ LIBRARY, 12:30-2:30PM (CONTACT LIBRARY IN ADVANCE)

COMPLETE A RANDOM ACT OF KINDESS TODAY! 16

DROP IN FOR COLLECTIVE CAMP PILATES & YOGA @ MISSION BLUE 6PM & 7:45PM \*ENTRY FEE REQUIRED

MAKE YOUR OWN WELLNESS KIT, FOR CHILDREN AND TEENS, 3:30-4:30PM @ LIBRARY





SOUL SOUP WITH AMBER HINES, FOR CHILDREN AND PRESCHOOLERS, 11:30-12:30PM @ LIBRARY

SAMTRANS YOUTH PASSES AT THE SKATE PARK FOR TEENS

### DID YOU KNOW?

Brisbane is now an Age-Friendly City!

The City received this designation from AARP in June 2023. The Age-Friendly Survey for 45+ was available to the community from June 2023-April 2024. 150+ survey responses were received and now an Action Plan will be established alongside Center for Age Friendly Excellence staff. For more information on how to get involved, contact Nicole Houghton at nhoughton@brisbaneca.org CITY OF BRISBANE



### LIVE MUSIC - DANCING - FOOD & DRINKS - FAMILY FRIENDLY -

JULY NIGHTS & AUGUST AFTERNOONS

### FRIDAY, 7/12 [AT] 6PM PRIDE & JOY FRIDAY, 7/19 [AT] 6PM DJ SHARON AND LIONS CLUB FRIDAY, 7/26 [AT] 6PM NATIVE ELEMENTS SUNDAY, 8/4 [AT] 2PM CON KIMBA SUNDAY, 8/11 [AT] 2PM MERCY & THE HEARTBEATS

**COMMUNITY PARK | FREE ENTRY** 

Brisbane Parks & Recreation Presents:

## CONCERTS

all for ponsor

Contact our team at brisbanerec@brisbaneca.org

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### SPONSOR LEVELS

- ) Title Sponsor: \$2,500
- Gold Sponsor: \$1,250
- Copper Sponsor: \$600
- ) Silver Sponsor: \$300
- Bronze Sponsor: \$150

Please submit applications to: brisbanerec@brisbaneca.org or c/o Jeff Franco, Parks and Recreation Department, 50 Park Place, Brisbane, CA 94005

Please make checks payable to: City of Brisbane



# DAY IN THE PARKCALL FORLOCAL BANDS

## **APPLY HERE!**



Some on the set

S

DEADLINE TO COMPLETE FORM: THURSDAY, 6/6

5



**BRISBANE PARKS & RECREATION PRESENTS** 





**12-3PM AT THE BRISBANE LIBRARY** 



### TO SUBMIT AN ENTRY FORM VISIT BRISBANECA.ORG/GARDEN

1st place winners in each category will receive a prize from Brisbane's Chamber of Commerce!

### SPECIAL EVENTS

## Parks & Recreation Month

For nearly 40 years, National Recreation and Park Association (NRPA) have celebrated Park and Recreation Month in July to promote building strong, vibrant and resilient communities through the power of parks and recreation. This month is dedicated to recognizing and celebrating the more than 160,000 full-time park and recreation professionals — along with hundreds of thousands of part-time and seasonal workers and volunteers — who maintain our country's local, state and community parks.

This year's theme — "Where You Belong" — celebrates the many ways park and recreation professionals across the country foster a sense of belonging in their community by providing welcoming and inclusive programs, essential services for all ages and abilities, and safe, accessible spaces to build meaningful connections. Keep an eye out in the coming months, on our social media accounts and marketing platforms, for recommendations to celebrate Parks & Recreation month here in Brisbane this July!



WHERE YOU BELONG MATCHARACTERISTIC







NOMINATE A FELLOW NEIGHBOR!

## **VOLUNTEER OF THE YEAR**

Do you know someone who has tirelessly given of their time for the betterment of the community? We want to hear about them! Please send your submissions for the 2024 Volunteer of the Year and Youth Volunteer of the Year to Noreen Leek at nleek@brisbaneca.org These special individuals will be announced at the 2024 Day in the Park event.

## Call For Vendors!

Get ready for a community event like no other! The "Day in the Park" event is coming back to town, bringing together a special pop-up marketplace of artists, makers, local vendors, and community organizations. This event is for all ages.

SATURDAY, OCTOBER 5TH 2024

OPEN AT 10:00 AM- 3:00 PM

**COMMUNITY PARK, BRISBANE** 

### **MORE INFORMATION**

brisbaneca.org/dip-derby

### **Application Deadline:**

September 6th, in order to guarantee placement at this year's event!

### **COSPONSORSHIPS AND COLLABORATIONS**



City Hall in the palm of your hand Download **My Brisbane** 



11 

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MAY 16, 2024

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- Submit Service Requests
- Receive Notifications
- And more...



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## SEVENT Brisbane **CALENDAR**







**BIKE TO** WORK DAY **MAY.16** 

P&R **MONTH:** JULY





BRISBANE

GIANTS

NIGHT

AUG.9

CONCERTS IN THE **PARK:** JULY & AUGUST

COASTAL

**CLEAN UP** 

SEPT.21







**ΔΔΥ ΙΝ** 

THE PARK

& DERBY

OCT.5

HYDRANT RESTORATION WEEKEND AUG.24-25





FOR MORE INFORMATION REGARDING THESE EVENTS, PLEASE VISIT

WWW.BRISBANECA.ORG/EVENTS.